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校長的話 黄偉強博士

追求卓越

我們竭力提供寬廣而均衡的課程,幫助學生奠定紮實的根基,在此之上,進一步提倡「學得多、學得深、學得好」。除了傳統及發展成熟的科目,本校還提供資優課程,照顧個別學生的學習差異。課程既廣且深,對學生來說極具挑戰性,我們盼望以此激勵每一個CPU學生追尋大學夢,大家只要勤勞進取,這夢想並非遙不可及。以剛過去的香港中學文憑考試為例,每位中六學生平均摘取2.5科5級或以上的佳績。本校93%中六學生考獲大學入學資格,透過大學聯招取錄的達95.7%。

設施優良

在香港這塊寸金尺土的彈丸之地,我們擁有8000平方米的校園,包括3個籃球場及50米長的田徑訓練跑道實在難得。寬敞、舒適和整潔的校園實在是神給我們CPU的禮物!近年我校更透過向政府及不同基金申請撥款及資助,並動用經年積攢下來的儲備,鋭意優化校園的措施,包括升降機、無障礙設施及頂層更新工程(1500萬)、禮堂翻新工程(550萬)、創科空間(600萬)、改建有蓋操場為「室內空調活動場館」(150萬)、擴建圖書館為現代化學習資源中心(120萬)、健身室(20萬)、校園花圃(70萬)、太陽能發電裝置(66萬)等等,我們期望將CPU打造成優美及設施完備的廿一世紀校園,推行全方位學習、創新科技及STEAM教育,培育德才兼備的有為青年,為香港及國家的發展作出貢獻。我們深信為了栽培學生成長,即使要投放更多的資源和心力,也是值得的。

全人發展

至於課外活動方面,我校實在多姿多采,包括中樂團、管弦樂團、歌詠團、手鈴隊、各類球隊、越野隊、田徑隊、科學隊、中英文辯論隊及中英語話劇團等。我們十分鼓勵學生不囿於狹窄的考試範圍,應多參與各類校際及公開比賽,藉此擴闊視野、發展潛能。事實上,我校學生也不負眾望,在本地、全國和國際比賽中屢獲佳績。在我們眼中,每位學生都具備獨特的天賦才華,盼望他們都能在這裏找到機遇,開拓屬於自己的一片天地,實踐夢想。

建立德行

此外,我校積極建立學生的品德和靈命。多年來,我們透過各類公益活動、獎勵計劃、聖經課、基督徒團契等,建立純樸的校風,學生循規蹈矩、虛心受教。因此,家長對於子女本校的品德教育非常信任。良好的師生關係也是我校特色之一,老師本着基督精神,盡心竭力關愛每個同學。《聖經·箴言》22:6 所說:「教養孩童,使他走當行的道,就是到老他也不偏離。」我們悉心經營,讓迦密柏雨成為孩子的第二個家。春風柏雨,潤物無聲,孩子在學校裏健康快樂地成長,就是我們最大的心願!

深信我校是許多學生理想的升學園地。無論是學生、家長或有志於基督教全人教育的同工,歡迎你們加入迦密柏雨大家庭!







interest. They gain knowledge of artificial intelligence through programming and nurture their innovative spirit.

With the Cave Automatic Virtual Environment of STEAM Cave, students immerse themselves in simulated environments and enrich knowledge of various subjects. As a part of STEAM Cave, Idea Lounge is a cosy place where students enjoy a time for chitchat and unleash their creativity.

















學務

為提高同學的學習興趣及自學精神,本校經常舉行各類學術活動,包括專題週會、學術比賽、學會活動、學術小組,並且積極鼓勵同學參與校外比賽及國際比賽,安排同學到海外作學術交流,擴闊視野。近年,我們致力推行STEAM教育,裝備同學應對科學及科技發展所帶來的轉變和機遇。

本校努力推廣閱讀,邀請作家到校主持講座、舉辦主題書展、安排老師分享閱讀心得、舉行早會齊閱讀,且鼓勵同學參與各類閱讀計劃及圖書館活動,期望同學享受閱讀的樂趣,並透過閱讀發展思維。

本校致力推動英語學習語境,透過舉行跨學 科英語活動、英語話劇、英語辯論比賽、徵文 比賽及外國交流等活動,增加同學接觸和運用 英語的機會,加強同學以英語學習的能力。









A cademic Affairs

In order to enhance students' motivation and interest in learning, our school often organizes academic activities, including assemblies, academic competitions, society activities, academic groups, etc. In pursuit of broadening students' horizons and giving students opportunities to compete with their outstanding counterparts, our school also encourages students to participate in overseas academic programmes and international competitions. In recent years, we have been promoting STEAM education, equipping students to meet the changes and opportunities in a world with rapid scientific and technological developments.

Our school strives to build up students' reading habit. Students will attend talks given by writers, visit book fairs, listen to teachers' book sharing and read books together in the morning assemblies. Students are also encouraged to participate in different reading schemes and activities held by the library. We expect students to develop their thinking skills through reading.

We promote an English learning environment in the school. Language Across Curriculum activities, English drama, English debating competitions, writing competitions and exchange programmes are organised in order that students would gain more exposure to English and greater ability in learning through English.











德育及訓育

本校校規嚴謹,實行加減操行分制度,賞罰分明,要求學生的道德操守、言行舉止及服飾符合規範,好使同學養成守法自律的精神,不致習染社會不良風氣。

我們積極推行品德及公民教育,藉風紀隊、公益少年團及各種義務工作鼓勵同學關懷別人,服務社群。又藉參與舉辦活動及交流團,使同學認識祖國,了解國家發展。

本校校風優良,學生大都守規受教,深得區內人士讚賞。遇有個別學生犯錯,本校必定適當處罰,同時也盡心竭力循循善誘犯錯學生歸回正途,在嚴而有愛的管教下,不少同學的品德有顯著進步。



Discipline & Moral Education

The school has strict yet fair school regulations and a conduct mark system. Students are expected to have high moral standards and good manners. Students should learn to be self-disciplined and stay away from bad habits.

We place great emphasis on moral and civic education. Students learn to serve the community and share with others through Prefect Team, Community Youth Club and voluntary work. Through participating in activities and exchange, students can know about the motherland and the development of the country.

The school has a good reputation and our students are disciplined and highly appreciated in the local community. Students who go astray will be given suitable punishments and guided patiently back to the right track. With love and suitable punishments, many students have shown significant improvements.

宗教活動

為使同學認識基督福音,蒙神賜福,本校致力推行各類型宗教活動。每天早會師生一同唱詩祈禱,逢週五放學後舉行基督徒團契。每年均舉行福音雙 週、老師見證等佈道活動,並於復活節假期間舉行約二百人參加的春令會,以及為畢業班同學舉行畢業班夏令會,藉此幫助同學認識真神,跟隨耶穌基督。

一同學在基督教教育的薰陶下,不單可以確立人生方向,而且能夠努力向上作好學生。同學透過讀經、祈禱、唱詩及基督徒之間互相扶持,依靠神的恩典 勇敢積極面對人生挑戰,在彎曲悖謬的世代,活出豐盛的生命,得享永生之福,一生榮神益人。



Religious Activities

The school organizes a variety of religious activities in the hope that students would believe in the Gospel of Jesus Christ and be blessed by God. Teachers and students sing hymns and pray every morning before classes and Christian fellowships are held every Friday after school. Gospel Fortnights, Teachers' Testimonies to the Gospel, Spring Camp (in the Easter holidays) and Graduation Camp are organized every year. It is hoped that through these activities students would know God and follow Jesus Christ.

The school nurtures students with Christian education in order that students would have a good attitude towards life and strive to be good students. By relying on God and leading a Christian life, students learn not to succumb to temptations but to overcome hurdles in life and have eternal life, glorifying God and benefiting people.

Religious Activities



課外活動

課外活動是完整教育不可或缺的一環,可使同學能在愉快氣氛下學習。透過課堂以外的興趣小組、活動和比賽,培養同學良好的興趣,發展潛能,鍛煉體魄,啟發創作力。同學可以藉此學習與人溝通和合作,從中得到豐富的生活體驗。課外活動能夠促進師生關係,讓老師更多接觸及關懷同學,幫助他們成長。

學生會、四社及級社舉辦活動及比賽給同學參加。透過 參與策劃及組織課外活動,建立學生的領袖才能,並促進同 學之間的友誼,擴大社交圈子,增加同學對學校的歸屬感。 本校的課外活動多姿多采,包括音樂、體育、藝術及文娛等 活動,同學既樂意參與校內活動,也踴躍參加校外比賽。













xtra-curricular Activities

Extra-curricular activities play an indispensable role in education. Interest groups, activities and competitions not only develop students' interest and potential, but also train their bodies and creativity. Students would learn to communicate and cooperate with others, gaining precious life experiences. Through extra-curricular activities, teachers cultivate a better relationship with students and thus help students grow better.



Student Union, Houses and Form Associations organize various activities. By planning, organizing and participating in extra-curricular activities, students would develop leadership and friendship with others. Students would enjoy a larger circle of friends and their sense of belonging to school would also be boosted. The school provides different extra-curricular activities including music, sports, art and recreational activities. Students are enthusiastic about activities both inside and outside school.

輔導及獎勵計劃

我們致力啟導學生認識自己,關心別人。透過「學生輔導員計劃」推動高年級同學主動認識、了解及關懷中一同學,幫助他們適應中學生活,達到「助人助己」的目的,並且培養學生對學校的歸屬感。

教師十分關注同學成長上的需要,與駐校社工及教育心理學家緊密合作,輔導同學。生涯規劃方面,我們定期舉辦工作坊和講座,讓同學了解自己的興趣和能力,並提供適切的升學就業資訊及輔導。推行性教育時,我們透過個人輔導及專題研討,教導學生重視貞潔,以正確的態度看待兩性關係。

本校創立「迦密柏雨獎勵計劃」,旨在給予同學一套清晰的指引,鼓勵同學積極參與學校在學務、德育、宗教活動及課外活動四方面所舉辦的活動,期望同學透過享受豐富的學校生活,發展潛能,勉力進取,獲得全人均衡的成長。

Guidance & Award Scheme







Guidance & Award Scheme

The school aims at leading students to know themselves better and care about others. Student Counsellor Scheme motivates senior students to understand and care about F.1 students, helping them adapt to the secondary school life and cultivate in them a sense of belonging to the school.

Teachers care very much about the growth of students and work closely with the school social workers and educational psychologist to help students solve personal problems. Regarding career mapping, workshops and talks are regularly organized to help students understand their interests and abilities better and provide them with information and counseling about careers and studies. Concerning sex education, through individual counseling and seminars, the importance of chastity is stressed and good manners and right attitudes towards the opposite sex are instilled into students in order that they build up moral values.

Carmel Pak U Award Scheme has been implemented in order to guide students to balanced development and motivate them to participate in academic, moral, religious and extra-curricular activities. Students are expected to develop their potential to the full and attain balanced growth by enjoying the colourful school life.



2023香港中學文憑試成績 2023 HKDSE Examination Results

人均5級或以上成績:2.50科獲大學入學資格:93.0%獲大學聯招取錄:95.7%獲港大、中大、科大取錄:47.8%





近三年校外獎項舉要 Highlights of Prizes in Past Three Years

國際及區際賽事		
再生元國際科學與工程大獎賽	Sigma Xi 物理科獎第二名	
日內瓦國際發明展	銅獎	
International Science and Invention Fair	金獎	
國際遺傳工程機器設計競賽	銅獎	
世界青年科學及科技碗	二等獎	
丘成桐中學科學獎(亞洲)	銀獎	
韓國科學及工程大賽	金獎	
全國宋慶齡少年兒童發明獎	金獎	
全國青少年科技創新大賽	科技創新成果一等獎	
中國女子數學奧林匹克	銀獎	
臺灣國際科學展覽會	殿軍	
世界跳繩虛擬錦標賽	冠軍	

全港賽事	
香港青少年科技創新大賽	一等獎
香港學生科學比賽	高級組冠軍
香港中學化學奧林匹克	冠軍
生物學素養競賽	一等獎
Hackathon創科馬拉松	金獎
城市創科大挑戰	亞軍
IFTA 極客「女程」青年大賽	銅獎
水底機械人大賽	季軍
「饒宗頤的故事」展覽專題報告比賽	高中組冠軍
校際香港歷史文化專題研習比賽	高級組亞軍
年度中國歷史人物選舉專題研習報告比賽	高中組亞軍
星島全港校際辯論比賽	季軍











全港賽事	
全港校際經濟辯論比賽	季軍
平等機會專題辯論比賽	亞軍
勞工法例及職安健綜合常識問答比賽	冠軍
職安健常識問答比賽	季軍
扶輪香港微小説創作比賽	最佳微小説獎
「築・動職涯」青年創業體驗計劃	最佳公司
地理信息系統應用公開賽	高中組冠軍
「我想·可持續發展的香港」短片創作比賽	亞軍
HKFYG English Public Speaking Contest	亞軍
HKCYAA Olympics Writing Competition	冠軍
Hong Kong Secondary Schools Debating Competition	九龍新界區亞軍
STEM+E Competition	初創組冠軍
香港校際合唱節	金獎

全港賽事

聯校音樂大賽	管弦樂團金獎,弦樂團金獎,手鈴隊金獎
香港青年音樂匯演	中樂團銀獎
香港國際手鈴奧林匹克	榮譽金獎
香港學界體育聯會大埔及北區中學	女子總季軍,男子總殿軍
田徑比賽	男丙冠軍,女丙冠軍
越野比賽	男丙冠軍,女丙冠軍
游泳比賽	女甲殿軍 [,] 男乙殿軍
手球比賽	女子組總冠軍
足球比賽	男子U15亞軍
籃球比賽	男子U19殿軍
羽毛球比賽	女乙冠軍
乒乓球比賽	女丙亞軍
全港電子閃避球學界錦標賽	女子冠軍 ,男子亞軍







明道律己忠主善群



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